

A photograph of a middle-aged man with a balding head and a serious expression. He is shirtless and wearing plaid shorts. He is standing in a doorway, looking slightly to his left. His hands are clasped over his stomach. The word 'just' is written in black marker on his abdomen. The background shows a bathroom with a green wall and a white sink.

“JUST A BIT
UNCOMFORTABLE”

JUST SPEAK TO YOUR GP

If you've had **tummy trouble** such as **bloating, diarrhoea** or **discomfort for three weeks or more**, it could be a sign of cancer. It's probably nothing serious, but finding cancer early makes it more treatable.

Your NHS is here to see you, safely.

Clear on
cancer

help us
help you